

David C. Rozek
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Education

August 2010 – July 2016 Doctor of Philosophy Master of Arts	University of Notre Dame , Notre Dame, IN APA Accredited Clinical Psychology
July 2015 – July 2016	Orlando Veterans Affairs Medical Center , Orlando, FL APA Accredited Clinical Psychology Residency
September 2006 – May 2010 Bachelor of Arts	University of Wisconsin-Madison , Madison, WI Psychology

Current Positions

January 2020	Assistant Professor UCF RESTORES, University of Central Florida, Orlando, FL
August 2018 – present	Adjunct Assistant Professor Department of Psychology, University of Utah, Salt Lake City, UT

Previous Positions

August 2018 – December 2019	Instructor-Tenure Track Department of Psychiatry, University of Utah, Salt Lake City, UT
September 2017 – December 2019	Director of Training National Center for Veterans Studies, University of Utah, Salt Lake City, UT
September 2016 – July 2018	Research Fellow Department of Psychiatry, University of Utah, Salt Lake City, UT

Licensure

Utah Psychologist License #10069490-2501
December 2017 – present

Publications

(P – postdoc mentee, ^g – graduate student mentee, ^u – undergraduate mentee/postbac)

► Peer-reviewed, Published

1. Bryan, C.J., **Rozeck, D.C.**, Khazem, L.R.^P (*In Press*). Prospective validity of the Suicide Cognitions Scale Among Acutely Suicidal Military Personnel Seeking Unscheduled Psychiatric Intervention. *Crisis*.
2. Holliday, R., **Rozeck, D.C.**, Smith, N.B., McGarity, S., Jankovsky, M., Monteith, L.L. (*In press*). Safety planning to prevent suicidal self-directed violence among veterans with posttraumatic stress disorder: Clinical considerations. *Professional Psychology Research and Practice*.
3. Smith, N.B., Sippel, L.M., **Rozeck, D.C.**, Hoff, R., Harpaz-Rotem, I. (2019). Predictors of Dropout from Residential Treatment for Posttraumatic Stress Disorder among Military Veterans. *Frontiers in Psychology*, 10, 362.
4. Bryan, C.J., **Rozeck, D.C.**, Butner, J., Rudd, M.D. (2019). Patterns of change in suicide ideation signal the recurrence of suicide attempts among high-risk psychiatric outpatients. *Behaviour Research and Therapy*.
5. **Rozeck, D.C.**, Keane, C., Sippel, L.M., Stein, J.Y., Rollo-Carlson, C., Bryan, C.J. (2019). Short term effects of crisis response planning on optimism in a U.S. Army sample. *Early Intervention in Psychiatry*, 13(3), 682-685.
6. Bryan, C.J., **Rozeck, D.C.**, Burch, T.S., Leeson, B., & Clemans, T.A. (2019). The therapeutic alliance as a predictor of suicidal thoughts and behavior following crisis response planning versus treatment as usual. *Psychiatry: Biological and Interpersonal Processes*, 82(1), 80-82.
7. **Rozeck, D.C.**, Smith, N.B., Simons, A.D. (2018). Unpacking Cognitive Behavioral Therapy: The effects of completing a thought record on affect and neuroendocrine responses to stress. *Biological Psychology*, 138, 104-109.
8. Smith, N.B., Sippel, L.M., Presseau, C., **Rozeck, D.C.**, Mota, N., Gordon, C., Horvath, M., Harpaz-Rotem, I. (2018). Locus of control in US combat veterans: Unique associations with posttraumatic stress disorder 5-factor model symptom clusters. *Psychiatry Research*, 268, 152-156.
9. Bryan, C.J., Leifker, F.R., **Rozeck, D.C.**, Bryan, A.O., Reynolds, M.L.^u, Oakey, D.N.^u, Roberge, E.M.^g (2018). Examining the effectiveness of an intensive, two-week treatment program for military personnel and veterans with PTSD: Results of a pilot, open-label, prospective cohort trial. *Journal of Clinical Psychology*, 74, 2070-2081.
10. Bryan, C.J., May, A.M., **Rozeck, D.C.**, Williams, S.R., Clemans, T.A. (2018). Use of crisis management interventions among suicidal patients: Results of a randomized controlled trial. *Depression and Anxiety*, 25, 619-628
11. **Rozeck, D. C.**, Serrano, J.L., Marriott, B.^u, Hickman, L.B.^u, Lewis, C.C., Brothers, B.M., Simons, A.D. (2018). Cognitive Behavioral Therapy Competency: Pilot Data from a comparison of multiple perspectives. *Behavioural and Cognitive Psychotherapy*, 46(2), 244-250.
12. Bryan, C.J, **Rozeck, D.C.** (2018). Suicide prevention in the military: A mechanistic perspective. *Current Opinion in Psychology*, 22, 27-32.
13. Bryan, C.J., Bryan, A.O., Roberge, E.^g, Leifker, F.R., **Rozeck, D.C.** (2018). Moral injury, posttraumatic stress disorder, and suicidal behavioral among National Guard personnel. *Psychological Trauma: Theory, Research, Practice, and Policy*, 10(1), 36-45.

Publications

(^p – postdoc mentee, ^g – graduate student mentee, ^u – undergraduate mentee/postbac)

► Peer-reviewed, Published

14. Stanton, K., **Rozeck, D.C.**, Stasik-O'Brien, S., Larew, S., Watson, D. (2016). A transdiagnostic approach to examining the incremental predictive power of emotion regulation and basic personality domains. *Journal of Abnormal Psychology*, 125(7), 960-975.
15. Simons, A. D., **Rozeck, D. C.**, Serrano, J. L. (2013). Wanted: Reliable and valid measures for the science of CBT dissemination and implementation. *Clinical Psychology: Science and Practice*, 20, 181-194.
16. Haeffel, G. J., **Rozeck, D. C.**, Hames, J. L., Technow, J. (2012). Too much of a good thing: Testing the efficacy of a cognitive bias modification task for cognitively vulnerable individuals. *Cognitive Therapy and Research*, 36, 493-501

► Peer-reviewed, Submitted

1. **Rozeck, D.C.**, Smith, N.B., Mota, N.P., Andres, W.C.^u, Bryan, C.J. (*Under review*). Addressing suicidality in treatment among trauma-exposed individuals: A review of the current literature and clinical implications.
2. Roberge, E.M.^g, Smith, H.A.^u, Baker, S.^u, Elly, D.^u, Bryan, A.O., Bryan, C.J., **Rozeck, D.C.** (*Under review*). "Postconcussive" symptoms explained by PTSD severity in U.S. National Guard personnel.
3. **Rozeck, D.C.**, Andres, W.C.^u, Smith, N.B., Leifker, F.R., Arne, K., Jennings, G., Dartnell, N., Bryan, C.J. (*Under review*). Using machine learning to predict suicide attempts in military personnel.
4. **Rozeck, D.C.**, Bryan, C.J. (*Under review*). Integrating Crisis Response Planning for Suicide Prevention into Trauma-Focused Treatments: A Military Case Example.
5. Bryan, C.J., Bryan, A.O., **Rozeck, D.C.**, Leifker, F.R. (*Under review*). Meaning in life drives reductions in suicide risk among acutely suicidal Soldiers receiving a crisis response plan.
6. Bryan, C.J., Bryan, A.O., **Rozeck, D.C.**, Leifker, F.R. (*Revision submitted*). Exposure to dead children and posttraumatic stress disorders (PTSD) among military personnel who have deployed.
7. Smith, N.B., Sippel, L.M., **Rozeck, D.C.**, Spangler, P.T., Traber, D., Straud, C., Harpaz-Rotem, I. (*Revision submitted*). Courses of suicidal ideation among military veterans in residential treatment for Posttraumatic Stress Disorder: Remitted course associated with PTSD symptom severity and change.

► Book Chapters

1. **Rozeck, D.C.**, Bryan, C.J. (*In press*). Cognitive-Behavioral Model of Moral Injury. In J.M. Currier, J. Nieuwsma, & K. Drescher (Eds.), *Addressing Moral Injury in Clinical Practice*. New York, NY: Elsevier.
2. Bryan, C.J., Bryan, A.O., **Rozeck, D.C.**, Leifker, F.R., May, A.M. (2019). Availability and Quality of Mental Health Services for Veterans at Risk for Suicide. In M. Button & I. Marsh (Eds), *Suicide and Social Justice: New Perspective on the Politics of Suicide and Suicide Prevention*. Abingdon, VA: Routledge.
3. Roberge, E.M., ^g Leifker, F.R., Baker, S., ^u **Rozeck, D.C.**, Bryan, C.J. (*Under review*). Suicide Following Trauma. In J.G. Beck & D.M. Sloan (Eds.). *The Oxford handbook of traumatic stress disorders Second Edition*. Oxford University Press.

Conference Presentations & Posters

(P – postdoc mentee, ^g – graduate student mentee, ^u – undergraduate mentee/postbac)

1. Keane, C., Shoji, K., Benight, C.C., Layne, C.M., **Rozek, D.C.** (2019, November). Complex Changes and the ‘Butterfly Effect’ in Trauma Recovery and Resilience: Views Through the Lens of Non-Linear Dynamic Systems Theories and Models. Panel presented at the annual International Society for Traumatic Stress Studies Convention, Boston, MA.
2. **Rozek, D.C.** & Bryan, C.J. (2019, October). Integrating Crisis Response Planning into Cognitive Processing Therapy. In **D.C. Rozek** (Chair), *Improving Suicide Outcomes for Veterans and Service Members Through PTSD Treatment and Provider Training*. Symposium presented at the Combat PTSD Conference, San Antonio, TX.
3. **Rozek, D.C.** (2019, July). Crisis Response Planning for Suicidal Patients. Training presented at the World Congress for Behavioural and Cognitive Therapies, Berlin, Germany.
4. **Rozek, D.C.**, Keane, C., Sippel, L.M., Stein, J.Y., Rollo-Carlson, C., Bryan, C.J. (2019, April). Overall and Short term effects of crisis response planning in a U.S. Army sample. In P.C. Britton (Chair), *The Motivation to Live in Suicide Prevention*. Symposium presented at the annual meeting of the American Association for Suicidology, Denver, CO.
5. **Rozek, D.C.**, Keane, C., Sippel, L.M., Stein, J.Y., Rollo-Carlson, C., Bryan, C.J. (2019, March). Short term effects of crisis response planning on optimism in a U.S. Army sample. Poster re-presented at the Association for Translation Science, Washington, D.C
6. Rosen, V., **Rozek, D.C.**, Wilkinson-Truong, C., Powch, I, Allard, C. (2018, November). *Cognitive processing therapy and crisis response planning for clients with PTSD and suicidal behaviors*. Symposium presented at the International Society for Traumatic Stress Studies Convention, Washington, D.C.
7. Bryan, C.J., **Rozek, D.C.**, & May, A.M. (2018, September). *A component analysis of crisis response planning for suicide prevention: results of a randomized controlled trial*. Paper presented at the biannual meeting of the European Symposium on Suicidal Behavior, Ghent, Belgium
8. **Rozek, D.C.**, Bryan, C.J., Leifker, F.R., Bryan, A.O., Reynolds, M.,^u Oakey, D.N.,^u Roberge, E.^g (Nov. 2018). *Examining PTSD symptom cluster changes from a dynamic systems perspective*. Talk presented at a symposium (Non-linear Dynamic Approaches to Trauma Adaptation: Time for a Shift) at the International Society for Traumatic Stress Studies Convention, Washington, D.C.
9. **Rozek, D.C.**, Keane, C., Sippel, L.M., Stein, J.Y., Rollo-Carlson, C., Bryan, C.J. (Nov. 2018). Short term effects of crisis response planning on optimism in a U.S. Army sample. Poster presented at the International Society for Traumatic Stress Studies Convention, Washington, D.C.
10. Bryan, C. J., **Rozek, D. C.**, Leifker, F. R., Oakley, D. N.^u, Reynolds, M. L.^u, Roberge, E.^g, & Bryan, A. O. (Aug. 2018). *Clinical application of Cognitive Processing Therapy to military-related moral injury*. In B. J. Griffin (Chair), *Assessment and Treatment of Military-related Moral Injury*. Symposium presented at the American Psychological Association National Convention, San Francisco, CA.
11. Smith, N.B., **Rozek, D.C.**, Motta, N. (2017, November). Addressing Suicidality in Treatment among Trauma-Exposed Individuals. Clinical panel presented at ISTSS in Chicago.

Conference Presentations & Posters

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12. Bryan, C. J., Reynolds, M.^u, Bryan, A. O., Leifker, F.R., **Rozek, D. C.**, Roberge, E.M.^g... Dustin, D. (Nov. 2017). Intensive cognitive processing therapy (CPT) for military personnel and veterans with PTSD: preliminary results from the National Center for Veterans Studies R&R Program. Paper presented at the Innovations in CBT for Active Duty Military Personnel Symposium (Chair: F. Leifker) at the 2017 annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
 13. Bryan, C. J., Reynolds, M.^u, Bryan, A.O., Leifker, F.R., **Rozek, D.C.**, Roberge, E.M.^g & Oakey, D.N.^u, (2017, October). Intensive cognitive processing therapy (CPT) for military personnel and veterans with PTSD: preliminary results from the National Center for Veterans Studies R&R Program. Poster presented to the annual meeting for the STRONG STAR Conference, San Antonio, TX.
 14. **Rozek, D.C.**, Stanton, K., Stasik-O'Brian, S.M., Ellickson-Larew, S., Watson, D. (2017, April). *Examining the incremental predictive power of emotion regulation and basic personality dimensions across psychopathology*. Paper presented at a symposium (Transdiagnostic risk factors for the emotional disorders: Examination of their unique informational value for understanding and classifying psychopathology) at Anxiety and Depression Association of America Convention, San Francisco, CA.
 15. **Rozek, D.C.**, Simons, A. D., Monroe, S.M. (2016, October). *The effects of completing a thought record on affect and neuroendocrine responses to stress*. Paper presented at a symposium (Evaluating biological predictors of treatment efficacy and mechanisms of change in CBT for depression and anxiety) chaired by **David C. Rozek** at Association for Behavioral and Cognitive Therapies, New York, NY.
 16. **Rozek, D.C.**, Simons, A. D., Monroe, S.M. (2015, October). *The effects of social stress on emotion and hormones*. Poster presented at the Society for Research on Psychopathology, New Orleans, LA.
 17. **Rozek, D.C.**, Wan, R.^g, Yarling, C.^g, Contardo, C. (2015, June). *Mental health history increases self-report of concussion symptoms*. Poster presented at the Academy of Clinical Neuropsychology, San Francisco, CA.
 18. **Rozek, D.C.**, Najar, N. (2015, May). *Healthier living with chronic conditions workshops*. Poster presented at Battle Creek VAMC's Mental Health Quality and Research Symposium, Battle Creek, MI.
 19. Penta, W.B.^u, **Rozek, D.C.**, Andrews, J., Monroe, S.M., Simons, A.D. (2015, May). *Understanding the links between severe life events, childhood adversity, 5-HTTLPR gene, and depressive symptoms*. Poster presented at the Association for Psychological Science, New York City, NY.
 20. **Rozek, D.C.**, Simons, A. D., Andrews, J. (2013, April) *The Developmental Role of Perceived Competence on Depressive Symptoms*. Poster presented at Society for Research on Child Development, Seattle, WA.
 21. Cahill, E., **Rozek, D. C.**, Li, W. (2012, April). *Parametric depiction of early and late analysis of fear in various intensities: an ERP study*. Poster presented at the Cognitive Neuroscience Society conference, Chicago, IL.
 22. Doom, J. R.^u, **Rozek, D. C.**, Eardley, M. P.^u, & Haeffel, G. J. (2010, October). *Poor Health Behaviors: Teasing Apart the Effects of Cognitive Vulnerability, Stress, and Depressive Symptoms*. Poster presented at the Society for Research in Psychopathology conference, Seattle, WA.

Conference Presentations & Posters

(p – postdoc mentee, g – graduate student mentee, u – undergraduate mentee/postbac)

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23. Eardley, M. P.^u, Heiss, S. M.^u, Doom, J. R.^u, **Rozek, D. C.**, & Haeffel, G. J. (2010, October). Unraveling the Association Among Sleep, Cognitive Vulnerability and Depressive Symptoms: Primary Evidence for Two Depressive Subtypes. Poster presented at the Society for Research in Psychopathology conference, Seattle, WA.
24. **Rozek, D. C.**, Cahill, E., Li, W. (2010, April). *Sharper social sight: Acute threat perception contributes to negative interpretation bias in social anxiety*. Poster presented at the Cognitive Neuroscience Society conference, Montreal, CA.

Funding/Awards

► Active

KL2TR002539 (Rozek)	8/1/2018-7/31/2020	9 calendar
Neural Mechanisms of Treatment Response in High-Risk Suicidal Veterans with PTSD		\$225,000
Role: PI		

The primary objective of this project is to examine neural mechanisms of treatment and predictors of treatment response in a high-risk suicidal veteran population using resting state and task-based fMRI.

W81XWH-18-2-0022 (Bryan)	7/1/2018-6/30/2023	1.2 calendar
Brief Cognitive Behavioral Therapy (BCBT) Replication Trial		\$4,918,546
Role: Co-I		

The primary objective of this project is to test the efficacy of the brief cognitive behavioral therapy (BCBT) for the prevention of suicide attempts as compared to present centered therapy (PCT) among active duty military personnel.

Boeing Corporation (Bryan)	7/1/2018- 6/30/2021	1.2 calendar
Suicide and Trauma Reduction Initiative for Veterans		~\$3,100,000
Role: Co-I		

The primary aim of this project is to provide training to 1,000 clinicians in the delivery of crisis response planning and to provide PTSD treatment to 200 veterans and service members.

PT170195 (Bryan)	1.2 calendar
Congressionally Directed Medical Research Programs	\$2,563,833
Peer to Peer Programs for Military Suicide Prevention	
Role: Co-I	

To test the effectiveness of a peer-to-peer program for reducing suicide attempts and suicide ideation.

Trainings

Crisis Response Planning for Suicidal Patients:

Road Home Program at Rush University, Chicago, IL (2019)
 State of Utah Department of Health Services, Salt Lake City, UT (2019 x 3)
 Cohen Military Family Clinic and Metrocare, Dallas, TX (2019)
 American Association for Suicidology, Denver, CO (2019)
 CBS Network & ADAA, Chicago, IL (2019)
 University of Utah & Rape Recovery Center, Salt Lake City, UT (2019)
 University Neuropsychiatric Institute, Salt Lake City, UT (2019)
 State of Utah Department of Health Services, Salt Lake City, UT (2018 x5)
 New Roads Behavioral Health, Cottonwood Heights, UT (2018)
 Addictions Update, University of Utah, Salt Lake City, UT (2018)
 Juvenile Justice Services, South Jordan, UT (2018 x2)
 School Nurses Conference, St. George, UT (2018)
 University Neuropsychiatric Institute, Salt Lake City, UT (2018)
 Davis School District, Farmington, UT (2018)
 Missouri Coalition for Community Behavioral Healthcare (2017)
 Department of Defense and VA Conference, Denver, CO (2017)

Brief Cognitive Behavioral Therapy for Suicide Prevention:

Family and Fleet Services, U.S. Navy, San Diego, CA (2019 x2)
 University of Utah, Salt Lake City (2018 x3)
 Four Corners, Bryce, UT (2018)
 Utah State Hospital, Provo, UT (2018)

Invited Talks

1. **Rozeck, D.C.** (2019). Brief Cognitive Behavioral Therapy for Suicide Prevention. Keynote speech presented at the 23rd Annual Crisis Intervention Conference, Wisconsin Dells, WI.
2. **Rozeck, D.C.** (2019). Life post-internship. Orlando VAMC.
3. **Rozeck, D.C.**, (2019). Implementation Framework for Effective SMVF Suicide Prevention. SAMHSA/VA Governor's Day Challenge, Arlington, VA.
4. **Rozeck, D.C.**, (2018). Understanding and Treating PTSD and Suicide: What Works and for Whom? University of Central Florida, Orlando, FL.
5. **Rozeck, D.C.**, (2018). Intensive outpatient cognitive processing therapy and crisis response planning. Salt Lake City Veterans Affairs Medical Center.
6. **Rozeck, D.C.** (2017). *Mechanisms of Change in Cognitive Behavioral Therapy*. Salt Lake City Veterans Affairs Medical Center.
7. **Rozeck, D.C.** (2016). Understanding stress and depression: From vulnerabilities to treatment. University of Utah Department of Psychology.
8. **Rozeck, D.C.** (2016). Understanding stress and depression: From vulnerabilities to treatment. University of Utah Department of Psychiatry.
9. **Rozeck, D.C.** (2015). Cognitive behavioral therapy for suicide attempts. Orlando VAMC.

Training Attended

NIH fMRI Training Camp at University of Michigan	(June 2017)
Brief Cognitive Behavioral Therapy for Suicide Attempts (BCBT)	(December 2016)
Cognitive Processing Therapy (CPT): Orlando VAMC	(Oct 2015- July 2016)
Chronic Disease Self-Management Program (CDSMP): Battle Creek VAMC	(Oct 2014)
Acceptance-Based Emotion Regulation Group Therapy: University of Notre Dame	(Oct 2014)
Acceptance and Commitment Therapy for Generalized Anxiety Disorder Webinar	(Oct 2014)
Beck Scholar at Beck Institute CBT Workshop: Depression and Suicidality	(Aug 2014)
Clinician Administered PTSD Scale Training (CAPS)	(Aug 2014)
Cognitive Behavior Therapy for Insomnia (CBT-I) and Transdiagnostic Sleep Problem	(Feb 2013)
Beck Institute Cognitive Behavior Therapy Workshop: Depression and Anxiety	(Feb 2012)
Event Related Potential “Boot Camp”	(Aug 2009)

Clinical Experiences

- ▶ **NCVS Clinic and UNI, University of Utah** (Sept 2016-present)
 Supervisor: Craig J. Bryan, PsyD, ABPP
 - Brief Cognitive Behavioral Therapy for Suicide Attempts
 - PTSD Treatment (i.e., CPT & PE) and assessment
 - Cognitive behavioral therapy for depression and anxiety
 - Supervisor for graduate students, postdoctoral fellows, and staff at NCVS

- ▶ **Internship, Orlando VA Medical Center, Orlando, FL** (July 2015-July 2016)
Adult Clinical Internship
Rotation Supervisors: Christopher Blagg, PhD, Ashley Arens, PhD, Janice Herron, PhD,
 Weekly Supervision: 3-hours individual, 2-hours group, 1.5-hours peer supervision
 Rotation 1: Primary Care Mental Health Integration – Supervisor: Christopher O. Blagg, PhD
 - Individual psychotherapy: Mental health and behavioral medicine interventions; adult patients
 - Brief mental health therapy
 - Cognitive screening
 Rotation 2 General Mental Health – Supervisor: Ashley Arens, PhD
 - Focus on PTSD using CPT & PE
 - Insomnia using CBT-I
 - Mood and anxiety disorders using CBT
 - Group therapy for personality disorders using DBT

Clinical Experiences

Rotation 3 Neuropsychological and Polytrauma/TBI – Supervisor: Janice Herron, PhD

- Neuropsychological assessment
 - Flexible neuropsychological assessment batteries including: WAIS-IV, WISC-IV, WMS-II, PAI, RBANS, Pegboard, CVLT, BVL, Trails A/B, Wisconsin Card Sorting Task, Brixton, ILS, BNT, Rey, Stroop, NAB, TOMM, Woodcock-Johnson, K-BIT.
- Polytrauma/TBI – working with Veterans to assess, manage, and treat polytrauma/TBI for military related injuries
- General cognitive assessment
- Personality assessment
- IQ/Achievement assessment

► External Practica

Battle Creek VAMC Behavioral Health Rotation, Battle Creek, MI (Aug 2014 - May 2015)

Supervisor: Nicole Najjar, PsyD, ABPP-Health Psychology

- Bariatric psychological evaluations – pre- and post-surgery
- Chronic disease self-management (e.g., pain) – group and individual
- Weight management – group (MOVE!) and individual
- Diabetes management
- Medication adherence treatment
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Psychiatric and Psychological Specialties, St. Joseph, MI (May 2013 – May 2015)

Supervisors: Christopher Contardo, PhD, ABPP-CN, Yojana Veeramasuneni, LCSW, PsyD

- Neuropsychological assessment – experience with the WAIS-IV, WISC-IV, WMS-II, PAI, RBANS, Pegboard, CVLT, BVL, Trails A/B, Wisconsin Card Sorting Task, Brixton, ILS, BNT, Rey, Stroop, NAB, TOMM, Woodcock-Johnson, K-BIT.
- Concussion/mTBI – work with student athletes to assess, manage, and treat concussion with an interdisciplinary team (physicians, athletic trainers, psychologists, coaches)
- Bariatric Surgery evaluation

Notre Dame Counseling Center, Notre Dame, IN (Aug 2012 - May 2013)

Supervisor: Anne D. Simons, PhD

- Individual therapy – empirically supported treatments including CBT, ACT, DBT, MI
- Psychological assessment

Center for Advanced Measurement of Personality and Psychopathology, Notre Dame, IN
(Aug 2012 - May 2013)

Supervisor: Lee Anna Clark, PhD

- Psychological assessment of patients with a variety of personality disorders
- Training in SIDP, LIFE-RIFT, MINI International Neuropsychiatric Interview–DSM 5 Adapted

Adolescent Socio-emotional Development Lab, Notre Dame, IN (Aug 2012 - May 2013)

Supervisors: Alexandra Corning, PhD

- Research assessments
- Training in WAIS-IV, WISC, KBIT, CDISC, and Woodcock-Johnson

Professional Service

International Society for Traumatic Stress Studies: Paper in a day coordinator (2017- present)
University of Utah Center for Aging Seed Grant Reviewer

Ad-hoc Reviewer

- Psychotherapy
- Psychiatry Research
- Journal of Consulting and Clinical Psychology
- Stress and Health
- Journal of Traumatic Stress
- International Journal of Cognitive Therapy
- PLOS One
- Cognitive Therapy and Research
- Hormones and Behavior
- Suicide & Life Threatening Behavior
- Journal of Affective Disorder

Notre Dame Department of Psychology

- Common council graduate student representative 2013-2015 academic years
- Graduate student representative for faculty meetings 2011-2012

Teaching

Instructor – Cognitive Behavioral Therapy Department of Psychology, University of Utah	(Fall 2018, Spring 2019)
Instructor – Cognitive Behavioral Therapy Department of Psychiatry, University of Utah	(Summer 2018)
Co-Instructor – Cognitive Behavioral Therapy Department of Psychology, University of Utah	(Fall 2017/Spring 2018)
Instructor – Cognitive Behavioral Therapy Department of Psychiatry, University of Utah	(Summer 2017)
Graduate Course Teaching Assistant – Cognitive Behavioral Therapy University of Notre Dame	(Fall 2014)
Teaching Assistant – Abnormal Psychology University of Notre Dame	(Spring 2011)
Teaching Assistant – Intro to Clinical Psychology University of Notre Dame	(Fall 2010 / Spring 2011)